

APPENDIX 2

CENTRAL LONDON CCG Transformation Plan Refresh Overview

NWL and Local information and implementation plans for Central London CCG and Westminster City Council

Overview

In March 2015 the government published *Future in Mind*, their strategy for promoting, protecting and improving our children and young people's mental health. CCGs developed NWL and local transformation plans in October 2015 which set out a vision for transformation over five years, in collaboration with partner agencies. The plans were further refreshed, in October 16, as per the Five Year Forward View guidance.

Comparison of 2015 and 2016 Transformation Plan

The Transformation Plan consists of a) the central business case Transformation Plan and b) the individual CCG annexes which contain more local and detailed information. The main difference between the October 2015 Transformation plan and the October 2016 plan refresh are below:

- NWL CCGs decided, as part of the refresh process, to reduce the number of priorities from 8 to 4. The remaining four former priorities are now referred to as 'enablers.'
- The Transformation plan and annexes refresh further demonstrates a) progress since the last plan submission in October 2015 c) Further plans from 2017 - 2020
- An overview of how Westminster and the other 7 CCGs have worked with a) Like Minded, who provide a project management coordination function for transformation across NWL and b) the Anna Freud Centre who have undertaken a Needs Analysis and strategic seminars to provide recommendations for the transformation of CAMHS (due November '16).

Funding

The below table details the proposed investment into CAMHS for 2016/17

2016/17 Investment in Children and Young People's Mental Health			
	Clinical Commissioning Group	NHSE (Tier 4 CAMHS)	Local Authority
Westminster	£1,631,347	£389,130 (Central London CCG)	£638,420
Total	£2,658,897		

Priority 1 – Eating Disorder Service

Transformation Plan October 2015:

This plan sets out the ambition for dedicated community Eating Disorder services. Historically, across the 8 CCGs individuals with Eating disorders were seen in core CAMHS services/ within small hubs.

Transformation Plan October 2016:

New Community Eating Disorder service launched in April 2016; provides care pathway provision and seamless referral routes to ensure quick, easy access to the service. Aim that CYP waiting time

guideline standards are met. With minor amendments the pilot is due to be adapted as business as usual from 1st April 2017. Investment for 2016/17: £91, 557

Priority 2- Re-designing Pathways – A Tier Free System

Transformation Plan October 2015:

This plan set out local and NWL ambitions for re-designing and re-aligning pathways. The document outlines plans to ensure clear navigation of the pathway, reducing duplication and gaps in services, collaborative working with partners, flexible engagement with CYP, strong links with schools and further engagement with the voluntary sector.

Transformation Plan October 2016:

Provides an overview of milestones achieved. The Westminster annexe further outline progress within Central London CCG inclusive of: **MIND Mental Health First Aid** programme for staff across voluntary sector, education and in community; **Mind Learn Well programme** for schools, **CNWL's Early Intervention programme** for parents and infants (0-5); **Training Programme** delivered by Education Psychology for Support Assistants; **Healthy Schools Public Health programme** that supports schools and nurseries to make mental health and wellbeing improvements; **MIND 6-12 month mentoring programme**, **Ed. Psychology and CNWL Multi-agency training** in CAMHS for professionals; **Schools/CAMHS pilot** with CNWL clinicians offering input to schools; **Mind Educational support** for 14-25yr olds who are transitioning in lives.

CL (Westminster) CCG further plan to move away from the tiered CAMHS services approach. CCGS have worked with the Anna Freud centres who have proposed the Thrive Model as approach to move away from dividing service provision into tiers. Total Investment for 2016/17: £207, 000

Priority 3 – Enhanced Support for Learning Disabilities and Neuro Development Disorders

Transformation Plan 2015:

The proposed ambition was to align (or re-design where required) the CAMHS LD/ND pathway and to further integrate with the adult learning disability programme workstream to ensure smooth transition and consistency of care. Commencement of the proposal would need to be undertaken in collaboration with CNWL, the Local Authority Children with Disability and Learning Disability teams; child development service and voluntary sector providers.

Transformation Plan 2016:

Reports the following updates: CL CCG invested in additional capacity across the whole system for LD and ND pathways to reduce waits, improve skills of broader staff and smooth pathways between agencies. A project manager has also been appointed to review LD and ND pathways across the 3 CCGs with partner agencies. Options paper will be produced to provide recommendations to commissioners for re-design of pathway models for LD, ASD and ADHD. Investment for 2016/17: £80,360.

Priority 4 – Crisis and Urgent Care Pathways

Transformation Plan 2015:

An aim was outlined to ensure that local offer of support reflects the Mental Health Crisis Concordat. There was a proposal for the implementation of clear evidence based pathways for community based care, including where resources allow, Home Treatment Teams and crisis response to ensure that unnecessary admissions to inpatient care are avoided.

Transformation Plan 2016:

Reports the following updates: In January 2016 – An Out of Hours Pilot Service was initiated across Westminster, RBKC, Hillingdon, Harrow and Brent (not utilising Transformation funds). In 2016/17 Westminster CCG plans to further invest £20,000 (using Transformation funds) to accommodate dedicated in-hours crisis service provision. Furthermore WLMHT and CNWL are working in partnership with the Priory group to ensure that CYP who require access to bedded services can be admitted locally. The programme will also look to develop community services around crisis response. This New Model of Care programme is funded directly via NHS E. Investment for 2016/17: £20,000

Our Enablers

- 1. Needs Assessment:** Needs Assessment undertaken by Anna Freud Centre in collaboration with UCL Partners. Paper will be available in Nov' 2016 and will aid to inform the re-design of pathways.
- 2. Co-Production:** Rethink Recruitment and supervision to support 15 young champions to deliver a young people's conference and service review. Also work with CNWL to deliver 'Collective Voices' training to schools.
- 3. Workforce Development:** Aim for 34% of CYP MH need (access to services and treatment) by 2020; this will include bringing down waiting times. CYP IAPT framework shall also need to be embedded by training a select number of staff and supervisors. The latter are part of national government initiatives and further funding will be provided, via NHS E, in October 2016 to bring down waits. CL CCG are working with CNWL towards these goals.
- 4. Embedding Future in Mind:** Like Minded provide a strategy and transformation coordination function to aid CCGs across NWL to align pathways (whilst considering local needs and service variations). The Anna Freud Centre was also commissioned to undertake Needs Assessment, Workforce analysis, focus groups and subsequently provide recommendations for the transformation of CAMHS across NWL and local CCGs.